



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Dittmann, Helmut

Club: Brockenlaufverein
Number: 173

Course: 26.20 km
Brockenlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:17:19

Speed: 11.36 km/h
Running performance: 5:14 min/km

Rank in course/Total: 101 (of 426)

Rank in course/Men: 98 (of 371)

Best time in course: 1:42:20

Rank in category: 1(of 21)

Best time in the category: 2:17:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:31	5:00	2	0:02	80	4:05	3.30	16:31	5:00	12		98	4:05
Schlüsie	3.10	18:14	5:52	1	-	99	4:48	6.40	34:45	5:25	12		98	8:53
Hermannsklippe	2.60	16:12	6:13	1	-	102	4:27	9.00	50:57	5:39	12		98	13:20
Brocken	3.10	26:09	8:26	1	-	98	8:03	12.10	1:17:06	6:22	12		98	21:23
Eiserner Handwe	3.60	16:39	4:37	2	0:05	102	4:41	15.70	1:33:45	5:58	12		98	25:22
Schlüsie	4.10	15:38	3:48	1	-	93	3:42	19.80	1:49:23	5:31	12		98	28:25
Loddenke	3.10	13:02	4:12	2	0:03	112	2:49	22.90	2:02:25	5:20	12		98	31:14
Ilseburg/Markt	3.30	14:54	4:30	3	0:08	136	3:45	26.20	2:17:19	5:14	1	-	98	34:59