



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schiefer, Thomas

Club: Hohnstädter SV
Number: 176

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:17:40

Speed: 11.33 km/h
Running performance: 5:15 min/km

Rank in course/Total: 104 (of 426)

Rank in course/Men: 101 (of 371)

Best time in course: 1:42:20

Rank in category: 22(of 47)

Best time in the category: 1:49:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:58	5:44	32	5:22	195	6:32	3.30	18:58	5:44	46		101	6:32
Schlüsie	3.10	19:07	6:10	27	4:00	142	5:41	6.40	38:05	5:57	46		101	12:13
Hermannsklippe	2.60	16:07	6:11	22	3:09	97	4:22	9.00	54:12	6:01	46		101	16:35
Brocken	3.10	24:07	7:46	13	4:23	49	6:01	12.10	1:18:19	6:28	46		101	22:36
Eiserner Handwe	3.60	16:17	4:31	20	3:25	87	4:19	15.70	1:34:36	6:01	46		101	26:13
Schlüsie	4.10	15:57	3:53	22	3:37	111	4:01	19.80	1:50:33	5:35	46		101	29:35
Loddenke	3.10	13:01	4:11	22	2:04	111	2:48	22.90	2:03:34	5:23	46		101	32:23
Ilseburg/Markt	3.30	14:06	4:16	22	2:15	86	2:57	26.20	2:17:40	5:15	22	27:50	101	35:20