



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Markowetz, Alfred

Club: LG BSN
Number: 111

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:18:14

Speed: 11.29 km/h
Running performance: 5:17 min/km

Rank in course/Total: 109 (of 426)

Rank in course/Men: 105 (of 371)

Best time in course: 1:42:20

Rank in category: 11(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:25	4:58	4	0:47	74	3:59	3.30	16:25	4:58	40		99	3:59
Schlüsie	3.10	18:16	5:53	9	0:49	100	4:50	6.40	34:41	5:25	40		105	8:49
Hermannsklippe	2.60	16:04	6:10	8	1:04	90	4:19	9.00	50:45	5:38	40		105	13:08
Brocken	3.10	27:03	8:43	16	3:03	130	8:57	12.10	1:17:48	6:25	40		105	22:05
Eiserner Handwe	3.60	16:55	4:41	10	2:27	117	4:57	15.70	1:34:43	6:01	40		105	26:20
Schlüsie	4.10	16:18	3:58	14	2:40	131	4:22	19.80	1:51:01	5:36	40		105	30:03
Loddenke	3.10	12:56	4:10	13	1:24	99	2:43	22.90	2:03:57	5:24	40		105	32:46
Ilseburg/Markt	3.30	14:17	4:19	13	1:21	95	3:08	26.20	2:18:14	5:16	11	12:55	105	35:54