



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Kühn, Stephan

Club: Bad Bevensen  
Number: 58

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:19:28

Speed: 11.19 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 114 (of 426)

Rank in course/Men: 110 (of 371)

Best time in course: 1:42:20

Rank in category: 18(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:20	5:33	28	5:48	163	5:54	3.30	18:20	5:33	47		110	5:54
Schlüsie	3.10	19:09	6:10	23	5:03	144	5:43	6.40	37:29	5:51	47		110	11:37
Hermannsklippe	2.60	16:59	6:31	23	4:30	138	5:14	9.00	54:28	6:03	47		110	16:51
Brocken	3.10	25:53	8:20	11	5:54	88	7:47	12.10	1:20:21	6:38	47		110	24:38
Eiserner Handwe	3.60	17:37	4:53	24	5:39	147	5:39	15.70	1:37:58	6:14	47		110	29:35
Schlüsie	4.10	15:35	3:48	14	3:39	87	3:39	19.80	1:53:33	5:44	47		110	32:35
Loddenke	3.10	12:19	3:58	7	1:53	52	2:06	22.90	2:05:52	5:29	47		110	34:41
Ilseburg/Markt	3.30	13:36	4:07	6	1:50	48	2:27	26.20	2:19:28	5:19	18	34:11	110	37:08