



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Jezewski, Gerd

Club: Apfelstädt  
Number: 236

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:19:45

Speed: 11.16 km/h  
Running performance: 5:20 min/km

Rank in course/Total: 117 (of 426)

Rank in course/Men: 113 (of 371)

Best time in course: 1:42:20

Rank in category: 4(of 26)

Best time in the category: 2:07:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:55	5:25	7	1:50	140	5:29	3.30	17:55	5:25	24		113	5:29
Schlüsie	3.10	19:07	6:10	7	1:46	142	5:41	6.40	37:02	5:47	24		113	11:10
Hermannsklippe	2.60	16:40	6:24	5	1:25	123	4:55	9.00	53:42	5:58	24		113	16:05
Brocken	3.10	25:58	8:22	3	1:08	94	7:52	12.10	1:19:40	6:35	24		113	23:57
Eiserner Handwe	3.60	16:00	4:26	3	1:03	72	4:02	15.70	1:35:40	6:05	24		113	27:17
Schlüsie	4.10	15:43	3:50	5	1:48	97	3:47	19.80	1:51:23	5:37	24		113	30:25
Loddenke	3.10	13:26	4:19	6	1:55	134	3:13	22.90	2:04:49	5:27	24		113	33:38
Ilseburg/Markt	3.30	14:56	4:31	5	1:49	138	3:47	26.20	2:19:45	5:20	4	12:36	113	37:25