



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Dr. Ehrhardt, Armin

Club: SC Borussia Friedrichsfelde
Number: 293

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:20:24

Speed: 11.11 km/h
Running performance: 5:22 min/km

Rank in course/Total: 122 (of 426)

Rank in course/Men: 117 (of 371)

Best time in course: 1:42:20

Rank in category: 23(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:56	5:26	29	3:13	141	5:30	3.30	17:56	5:26	75		117	5:30
Schlüsie	3.10	19:02	6:08	24	2:38	135	5:36	6.40	36:58	5:46	75		117	11:06
Hermannsklippe	2.60	16:54	6:29	26	2:58	130	5:09	9.00	53:52	5:59	75		117	16:15
Brocken	3.10	26:18	8:29	21	4:23	105	8:12	12.10	1:20:10	6:37	75		117	24:27
Eiserner Handwe	3.60	16:54	4:41	25	2:54	116	4:56	15.70	1:37:04	6:10	75		117	28:41
Schlüsie	4.10	16:16	3:58	25	3:00	127	4:20	19.80	1:53:20	5:43	75		117	32:22
Loddenke	3.10	13:12	4:15	22	2:00	118	2:59	22.90	2:06:32	5:31	75		117	35:21
Ilseburg/Markt	3.30	13:52	4:12	15	1:21	72	2:43	26.20	2:20:24	5:21	23	21:23	117	38:04