



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufverein
Number: 212

Course: 26.20 km
Brockenlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:21:22

Speed: 11.04 km/h
Running performance: 5:24 min/km

Rank in course/Total: 127 (of 426)

Rank in course/Men: 122 (of 371)

Best time in course: 1:42:20

Rank in category: 6(of 26)

Best time in the category: 2:07:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:59	5:08	4	0:54	103	4:33	3.30	16:59	5:08	22		87	4:33
Schlüsie	3.10	18:48	6:03	5	1:27	122	5:22	6.40	35:47	5:35	22		122	9:55
Hermannsklippe	2.60	17:16	6:38	9	2:01	156	5:31	9.00	53:03	5:53	22		122	15:26
Brocken	3.10	27:15	8:47	7	2:25	139	9:09	12.10	1:20:18	6:38	22		122	24:35
Eiserner Handwe	3.60	17:15	4:47	8	2:18	129	5:17	15.70	1:37:33	6:12	22		122	29:10
Schlüsie	4.10	15:31	3:47	4	1:36	83	3:35	19.80	1:53:04	5:42	22		122	32:06
Loddenke	3.10	13:45	4:26	8	2:14	155	3:32	22.90	2:06:49	5:32	22		122	35:38
Ilseburg/Markt	3.30	14:33	4:24	4	1:26	114	3:24	26.20	2:21:22	5:23	6	14:13	122	39:02