



42. Brockenlauf Ilseburg / 01.09.2012

Detailed evaluation

Krüger, Matthias

Club: Montagebauer

Number: 453

Course: 26.20 km

Brockenlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:21:50

Speed: 11.08 km/h

Running performance: 5:25 min/km

Rank in course/Total: 131 (of 426)

Rank in course/Men: 125 (of 371)

Best time in course: 1:42:20

Rank in category: 22(of 58)

Best time in the category: 1:45:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	30	6:02	171	6:08	3.30	18:34	5:37	51		125	6:08
Schlüsie	3.10	18:48	6:03	21	4:42	122	5:22	6.40	37:22	5:50	51		125	11:30
Hermannsklippe	2.60	17:01	6:32	24	4:32	141	5:16	9.00	54:23	6:02	51		125	16:46
Brocken	3.10	27:21	8:49	22	7:22	143	9:15	12.10	1:21:44	6:45	51		125	26:01
Eiserner Handwe	3.60	17:03	4:44	17	5:05	121	5:05	15.70	1:38:47	6:17	51		126	30:24
Schlüsie	4.10	16:03	3:54	19	4:07	115	4:07	19.80	1:54:50	5:47	51		125	33:52
Loddenke	3.10	12:42	4:05	13	2:16	77	2:29	22.90	2:07:32	5:34	51		125	36:21
Ilseburg/Markt	3.30	14:18	4:20	14	2:32	96	3:09	26.20	2:21:50	5:24	22	36:33	125	39:30