



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Brendel, Dennis

Club: S.C. Saaletal
Number: 169

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:22:22

Speed: 10.96 km/h
Running performance: 5:26 min/km

Rank in course/Total: 134 (of 426)

Rank in course/Men: 129 (of 371)

Best time in course: 1:42:20

Rank in category: 28(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:48	6:00	39	6:12	250	7:22	3.30	19:48	6:00	5	0:03	129	7:22
Schlüsie	3.10	18:55	6:06	25	3:48	128	5:29	6.40	38:43	6:02	5		129	12:51
Hermannsklippe	2.60	15:57	6:08	21	2:59	87	4:12	9.00	54:40	6:04	5		129	17:03
Brocken	3.10	24:22	7:51	16	4:38	54	6:16	12.10	1:19:02	6:31	5		129	23:19
Eiserner Handwe	3.60	18:18	5:04	32	5:26	179	6:20	15.70	1:37:20	6:11	5		129	28:57
Schlüsie	4.10	17:29	4:15	32	5:09	193	5:33	19.80	1:54:49	5:47	5		129	33:51
Loddenke	3.10	13:38	4:23	28	2:41	145	3:25	22.90	2:08:27	5:36	5		129	37:16
Ilseburg/Markt	3.30	13:55	4:13	18	2:04	75	2:46	26.20	2:22:22	5:26	28	32:32	129	40:02