



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Adolf, Daniel

Club: Blau-Weiß Hettstedt
Number: 422

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:24:01

Speed: 10.83 km/h
Running performance: 5:30 min/km

Rank in course/Total: 143 (of 426)

Rank in course/Men: 137 (of 371)

Best time in course: 1:42:20

Rank in category: 23(of 37)

Best time in the category: 1:42:20

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:02 | 5:09 | 21 | 4:36 | 107 | 4:36 | 3.30 | 17:02 | 5:09 | 5 | | 64 | 4:36 |
| Schlüsie | 3.10 | 17:59 | 5:48 | 20 | 4:33 | 86 | 4:33 | 6.40 | 35:01 | 5:28 | 5 | | 137 | 9:09 |
| Hermannsklippe | 2.60 | 15:53 | 6:06 | 19 | 4:08 | 82 | 4:08 | 9.00 | 50:54 | 5:39 | 5 | | 137 | 13:17 |
| Brocken | 3.10 | 28:10 | 9:05 | 28 | 10:04 | 164 | 10:04 | 12.10 | 1:19:04 | 6:32 | 5 | | 137 | 23:21 |
| Eiserner Handwe | 3.60 | 18:09 | 5:02 | 27 | 5:29 | 174 | 6:11 | 15.70 | 1:37:13 | 6:11 | 5 | | 137 | 28:50 |
| Schlüsie | 4.10 | 16:44 | 4:04 | 25 | 4:09 | 155 | 4:48 | 19.80 | 1:53:57 | 5:45 | 5 | | 137 | 32:59 |
| Loddenke | 3.10 | 13:55 | 4:29 | 28 | 3:42 | 163 | 3:42 | 22.90 | 2:07:52 | 5:35 | 5 | | 137 | 36:41 |
| Ilseburg/Markt | 3.30 | 16:09 | 4:53 | 30 | 5:00 | 216 | 5:00 | 26.20 | 2:24:01 | 5:29 | 23 | 41:41 | 137 | 41:41 |