



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kraska, Doreen

Club: MRS Sporty Megdeburg
Number: 427

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:25:28

Speed: 10.72 km/h
Running performance: 5:33 min/km

Rank in course/Total: 151 (of 426)

Rank in course/Women: 8 (of 55)

Best time in course: 2:09:06

Rank in category: 2(of 5)

Best time in the category: 2:24:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:29	5:36	1	-	10	3:04	3.30	18:29	5:36	2		36	
Schlüsie	3.10	19:08	6:10	1	-	6	1:55	6.40	37:37	5:52	2		36	
Hermannsklippe	2.60	17:43	6:48	2	1:01	10	2:06	9.00	55:20	6:08	2		36	
Brocken	3.10	29:10	9:24	2	4:41	13	4:41	12.10	1:24:30	6:59	2	3:09	35	
Eiserner Handwe	3.60	17:52	4:57	2	0:10	9	3:12	15.70	1:42:22	6:31	2	3:19	35	
Schlüsie	4.10	16:03	3:54	2	0:25	6	1:41	19.80	1:58:25	5:58	2	3:44	36	
Loddenke	3.10	12:24	4:00	1	-	3	3:04	22.90	2:10:49	5:42	2	2:26	36	
Ilseburg/Markt	3.30	14:39	4:26	1	-	5	1:10	26.20	2:25:28	5:33	2	0:42	8	16:22