



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Spiekermann, Peter

Club: SC Melle
Number: 1

Course: 26.20 km
Brockenlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:25:39

Speed: 10.71 km/h
Running performance: 5:34 min/km

Rank in course/Total: 152 (of 426)

Rank in course/Men: 144 (of 371)

Best time in course: 1:42:20

Rank in category: 8(of 26)

Best time in the category: 2:07:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:57	6:02	15	3:52	267	7:31	3.30	19:57	6:02	20	0:20	144	7:31
Schlüsie	3.10	20:09	6:29	10	2:48	186	6:43	6.40	40:06	6:15	20	0:22	144	14:14
Hermannsklippe	2.60	16:54	6:29	6	1:39	130	5:09	9.00	57:00	6:19	20		144	19:23
Brocken	3.10	26:51	8:39	5	2:01	125	8:45	12.10	1:23:51	6:55	20		144	28:08
Eiserner Handwe	3.60	17:31	4:51	10	2:34	140	5:33	15.70	1:41:22	6:27	20		144	32:59
Schlüsie	4.10	15:56	3:53	6	2:01	109	4:00	19.80	1:57:18	5:55	20		144	36:20
Loddenke	3.10	13:17	4:17	5	1:46	125	3:04	22.90	2:10:35	5:42	20		144	39:24
Ilseburg/Markt	3.30	15:04	4:33	6	1:57	144	3:55	26.20	2:25:39	5:33	8	18:30	144	43:19