



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Jackisch, Andreas

Club: Kissenbrück
Number: 363

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:46

Speed: 10.70 km/h
Running performance: 5:34 min/km

Rank in course/Total: 154 (of 426)

Rank in course/Men: 146 (of 371)

Best time in course: 1:42:20

Rank in category: 28(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	45	4:43	220	7:00	3.30	19:26	5:53	70	1:16	146	7:00
Schlüsie	3.10	19:58	6:26	34	3:34	173	6:32	6.40	39:24	6:09	18		146	13:32
Hermannsklippe	2.60	17:53	6:52	37	3:57	186	6:08	9.00	57:17	6:21	18		146	19:40
Brocken	3.10	26:29	8:32	22	4:34	110	8:23	12.10	1:23:46	6:55	70		146	28:03
Eiserner Handwe	3.60	16:46	4:39	23	2:46	108	4:48	15.70	1:40:32	6:24	70		146	32:09
Schlüsie	4.10	16:16	3:58	25	3:00	127	4:20	19.80	1:56:48	5:53	70		146	35:50
Loddenke	3.10	13:26	4:19	26	2:14	134	3:13	22.90	2:10:14	5:41	70		146	39:03
Ilseburg/Markt	3.30	15:32	4:42	36	3:01	179	4:23	26.20	2:25:46	5:33	28	26:45	146	43:26