



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Weiser, Thomas

Club: WSV 21 Wolfenbüttel
Number: 449

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:26:31

Speed: 10.65 km/h
Running performance: 5:35 min/km

Rank in course/Total: 158 (of 426)

Rank in course/Men: 149 (of 371)

Best time in course: 1:42:20

Rank in category: 30(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:31	5:54	47	4:48	222	7:05	3.30	19:31	5:54	68	1:21	149	7:05
Schlüsie	3.10	20:09	6:29	39	3:45	186	6:43	6.40	39:40	6:11	6		149	13:48
Hermannsklippe	2.60	17:37	6:46	34	3:41	171	5:52	9.00	57:17	6:21	18		146	19:40
Brocken	3.10	26:30	8:32	23	4:35	111	8:24	12.10	1:23:47	6:55	68		149	28:04
Eiserner Handwe	3.60	17:34	4:52	27	3:34	143	5:36	15.70	1:41:21	6:27	68		149	32:58
Schlüsie	4.10	16:32	4:01	30	3:16	143	4:36	19.80	1:57:53	5:57	68		149	36:55
Loddenke	3.10	13:29	4:20	28	2:17	137	3:16	22.90	2:11:22	5:44	68		149	40:11
Ilseburg/Markt	3.30	15:09	4:35	31	2:38	150	4:00	26.20	2:26:31	5:35	30	27:30	149	44:11