



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Unger, Christian

Club: S.C. Saaletal
Number: 166

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:28:26

Speed: 10.51 km/h
Running performance: 5:40 min/km

Rank in course/Total: 167 (of 426)

Rank in course/Men: 158 (of 371)

Best time in course: 1:42:20

Rank in category: 26(of 37)

Best time in the category: 1:42:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	32	8:11	296	8:11	3.30	20:37	6:14	8		158	8:11
Schlüsie	3.10	20:12	6:30	28	6:46	191	6:46	6.40	40:49	6:22	8		158	14:57
Hermannsklippe	2.60	17:05	6:34	25	5:20	146	5:20	9.00	57:54	6:26	8		158	20:17
Brocken	3.10	27:58	9:01	26	9:52	160	9:52	12.10	1:25:52	7:05	8		158	30:09
Eiserner Handwe	3.60	17:32	4:52	24	4:52	141	5:34	15.70	1:43:24	6:35	8		158	35:01
Schlüsie	4.10	16:43	4:04	24	4:08	153	4:47	19.80	2:00:07	6:03	8		158	39:09
Loddenke	3.10	13:17	4:17	23	3:04	125	3:04	22.90	2:13:24	5:49	8		154	42:13
Ilseburg/Markt	3.30	15:02	4:33	22	3:53	142	3:53	26.20	2:28:26	5:39	26	46:06	158	46:06