



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Eggert, Olaf

Club: Brockenlaufverein
Number: 210

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:28:48

Speed: 10.48 km/h
Running performance: 5:41 min/km

Rank in course/Total: 171 (of 426)

Rank in course/Men: 162 (of 371)

Best time in course: 1:42:20

Rank in category: 34(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:10	4:53	11	1:27	58	3:44	3.30	16:10	4:53	64		81	3:44
Schlüsie	3.10	19:03	6:08	25	2:39	137	5:37	6.40	35:13	5:30	64		72	9:21
Hermannsklippe	2.60	17:29	6:43	32	3:33	165	5:44	9.00	52:42	5:51	64		162	15:05
Brocken	3.10	28:45	9:16	35	6:50	171	10:39	12.10	1:21:27	6:43	64		162	25:44
Eiserner Handwe	3.60	18:37	5:10	45	4:37	199	6:39	15.70	1:40:04	6:22	64		150	31:41
Schlüsie	4.10	18:28	4:30	48	5:12	237	6:32	19.80	1:58:32	5:59	64		162	37:34
Loddenke	3.10	14:35	4:42	44	3:23	211	4:22	22.90	2:13:07	5:48	64		162	41:56
Ilseburg/Markt	3.30	15:41	4:45	41	3:10	191	4:32	26.20	2:28:48	5:40	34	29:47	162	46:28