



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Terhaag, Matthias

Club: VFB Salzkotten
Number: 326

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:28:53

Speed: 10.48 km/h
Running performance: 5:41 min/km

Rank in course/Total: 174 (of 426)

Rank in course/Men: 164 (of 371)

Best time in course: 1:42:20

Rank in category: 27(of 37)

Best time in the category: 1:42:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:43	5:40	25	6:17	179	6:17	3.30	18:43	5:40	9		159	6:17
Schlüsie	3.10	19:38	6:19	27	6:12	160	6:12	6.40	38:21	5:59	9		163	12:29
Hermannsklippe	2.60	17:17	6:38	26	5:32	159	5:32	9.00	55:38	6:10	9		163	18:01
Brocken	3.10	29:30	9:30	30	11:24	198	11:24	12.10	1:25:08	7:02	9		163	29:25
Eiserner Handwe	3.60	17:44	4:55	26	5:04	156	5:46	15.70	1:42:52	6:33	9		163	34:29
Schlüsie	4.10	16:54	4:07	27	4:19	164	4:58	19.80	1:59:46	6:02	9		163	38:48
Loddenke	3.10	13:40	4:24	26	3:27	149	3:27	22.90	2:13:26	5:49	9		163	42:15
Ilseburg/Markt	3.30	15:27	4:40	27	4:18	175	4:18	26.20	2:28:53	5:40	27	46:33	164	46:33