



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Boeltzig, Birko

Club: Kissenbrück  
Number: 364

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:30:08

Speed: 10.39 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 183 (of 426)

Rank in course/Men: 173 (of 371)

Best time in course: 1:42:20

Rank in category: 36(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	19:41	5:57	53	4:58	239	7:15	3.30	19:41	5:57	62	1:31	173	7:15
Schlüsie	3.10	20:36	6:38	45	4:12	212	7:10	6.40	40:17	6:17	62	0:10	173	14:25
Hermannsklippe	2.60	18:18	7:02	43	4:22	212	6:33	9.00	58:35	6:30	62		173	20:58
Brocken	3.10	28:05	9:03	32	6:10	161	9:59	12.10	1:26:40	7:09	62		148	30:57
Eiserner Handwe	3.60	17:57	4:59	34	3:57	167	5:59	15.70	1:44:37	6:39	62		173	36:14
Schlüsie	4.10	16:26	4:00	29	3:10	139	4:30	19.80	2:01:03	6:06	62		173	40:05
Loddenke	3.10	13:34	4:22	29	2:22	141	3:21	22.90	2:14:37	5:52	62		173	43:26
Ilseburg/Markt	3.30	15:31	4:42	35	3:00	177	4:22	26.20	2:30:08	5:43	36	31:07	173	47:48