



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Möller, Udo

Club: SPIRIDON Laufmagazin
Number: 152

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:30:14

Speed: 10.38 km/h
Running performance: 5:44 min/km

Rank in course/Total: 185 (of 426)

Rank in course/Men: 175 (of 371)

Best time in course: 1:42:20

Rank in category: 21(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:03	5:28	21	2:25	144	5:37	3.30	18:03	5:28	50		85	5:37
Schlüsie	3.10	20:39	6:39	32	3:12	217	7:13	6.40	38:42	6:02	50		175	12:50
Hermannsklippe	2.60	18:14	7:00	30	3:14	205	6:29	9.00	56:56	6:19	50		175	19:19
Brocken	3.10	29:50	9:37	27	5:50	209	11:44	12.10	1:26:46	7:10	50		175	31:03
Eiserner Handwe	3.60	17:34	4:52	17	3:06	143	5:36	15.70	1:44:20	6:38	50		175	35:57
Schlüsie	4.10	16:32	4:01	18	2:54	143	4:36	19.80	2:00:52	6:06	50		175	39:54
Loddenke	3.10	14:01	4:31	23	2:29	168	3:48	22.90	2:14:53	5:53	50		175	43:42
Ilseburg/Markt	3.30	15:21	4:39	25	2:25	164	4:12	26.20	2:30:14	5:44	21	24:55	175	47:54