



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Grünwald, Hubertus

Club: Team Laufrusch e.V.
Number: 93

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:28

Speed: 10.30 km/h
Running performance: 5:47 min/km

Rank in course/Total: 195 (of 426)

Rank in course/Men: 185 (of 371)

Best time in course: 1:42:20

Rank in category: 24(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:01	5:45	29	3:23	199	6:35	3.30	19:01	5:45	53		109	6:35
Schlüsie	3.10	20:46	6:41	34	3:19	226	7:20	6.40	39:47	6:12	53		185	13:55
Hermannsklippe	2.60	17:50	6:51	27	2:50	182	6:05	9.00	57:37	6:24	53		109	20:00
Brocken	3.10	30:29	9:50	34	6:29	231	12:23	12.10	1:28:06	7:16	53		185	32:23
Eiserner Handwe	3.60	19:08	5:18	28	4:40	221	7:10	15.70	1:47:14	6:49	53		185	38:51
Schlüsie	4.10	17:51	4:21	25	4:13	207	5:55	19.80	2:05:05	6:19	53		185	44:07
Loddenke	3.10	12:47	4:07	8	1:15	84	2:34	22.90	2:17:52	6:01	53		185	46:41
Ilseburg/Markt	3.30	13:36	4:07	2	0:40	48	2:27	26.20	2:31:28	5:46	24	26:09	185	49:08