



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schroeder-Uter, Lars

Club: TSV Tinum 66
Number: 46

Course: 26.20 km
Brockenlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:31:34

Speed: 10.29 km/h
Running performance: 5:47 min/km

Rank in course/Total: 196 (of 426)

Rank in course/Men: 186 (of 371)

Best time in course: 1:42:20

Rank in category: 30(of 58)

Best time in the category: 1:45:17

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:10 | 5:12 | 22 | 4:38 | 116 | 4:44 | 3.30 | 17:10 | 5:12 | 16 | | 130 | 4:44 |
| Schlüsie | 3.10 | 19:58 | 6:26 | 30 | 5:52 | 173 | 6:32 | 6.40 | 37:08 | 5:48 | 16 | | 186 | 11:16 |
| Hermannsklippe | 2.60 | 17:52 | 6:52 | 29 | 5:23 | 185 | 6:07 | 9.00 | 55:00 | 6:06 | 16 | | 186 | 17:23 |
| Brocken | 3.10 | 30:18 | 9:46 | 39 | 10:19 | 221 | 12:12 | 12.10 | 1:25:18 | 7:02 | 16 | | 186 | 29:35 |
| Eiserner Handwe | 3.60 | 18:10 | 5:02 | 31 | 6:12 | 175 | 6:12 | 15.70 | 1:43:28 | 6:35 | 16 | | 186 | 35:05 |
| Schlüsie | 4.10 | 17:40 | 4:18 | 34 | 5:44 | 202 | 5:44 | 19.80 | 2:01:08 | 6:07 | 16 | | 186 | 40:10 |
| Loddenke | 3.10 | 14:58 | 4:49 | 39 | 4:32 | 231 | 4:45 | 22.90 | 2:16:06 | 5:56 | 16 | | 186 | 44:55 |
| Ilseburg/Markt | 3.30 | 15:28 | 4:41 | 30 | 3:42 | 176 | 4:19 | 26.20 | 2:31:34 | 5:47 | 30 | 46:17 | 186 | 49:14 |