



42. Brockenlauf

Ilseburg / 01.09.2012

Detailed evaluation

Jahn, Roland

Club: Nix tun kann Jeder
Number: 335

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:49

Speed: 10.35 km/h
Running performance: 5:47 min/km

Rank in course/Total: 198 (of 426)

Rank in course/Men: 188 (of 371)

Best time in course: 1:42:20

Rank in category: 26(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:30	5:36	24	2:52	168	6:04	3.30	18:30	5:36	55		73	6:04
Schlüsie	3.10	19:18	6:13	18	1:51	148	5:52	6.40	37:48	5:54	55		188	11:56
Hermannsklippe	2.60	17:16	6:38	20	2:16	156	5:31	9.00	55:04	6:07	55		188	17:27
Brocken	3.10	29:01	9:21	23	5:01	183	10:55	12.10	1:24:05	6:56	55		188	28:22
Eiserner Handwe	3.60	18:17	5:04	21	3:49	178	6:19	15.70	1:42:22	6:31	55		142	33:59
Schlüsie	4.10	17:45	4:19	24	4:07	205	5:49	19.80	2:00:07	6:03	55		158	39:09
Loddenke	3.10	14:44	4:45	32	3:12	219	4:31	22.90	2:14:51	5:53	55		188	43:40
Ilseburg/Markt	3.30	16:58	5:08	41	4:02	271	5:49	26.20	2:31:49	5:47	26	26:30	188	49:29