



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Vogel, Sebastian

Number: 309

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:32:36

Speed: 10.22 km/h

Running performance: 5:49 min/km

Rank in course/Total: 206 (of 426)

Rank in course/Men: 195 (of 371)

Best time in course: 1:42:20

Rank in category: 30(of 37)

Best time in the category: 1:42:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Loddenke	3.30	18:01	5:27	22	5:35	143	5:35	3.30	18:01	5:27	12			195	5:35		
Schlüsie	3.10	20:34	6:38	30	7:08	210	7:08	6.40	38:35	6:01	12			195	12:43		
Hermannsklippe	2.60	17:48	6:50	30	6:03	179	6:03	9.00	56:23	6:15	12			128	18:46		
Brocken	3.10	30:34	9:51	33	12:28	232	12:28	12.10	1:26:57	7:11	12			195	31:14		
Eiserner Handwe	3.60	19:06	5:18	28	6:26	219	7:08	15.70	1:46:03	6:45	12			174	37:40		
Schlüsie	4.10	16:13	3:57	21	3:38	125	4:17	19.80	2:02:16	6:10	12			195	41:18		
Loddenke	3.10	13:43	4:25	27	3:30	154	3:30	22.90	2:15:59	5:56	12			195	44:48		
Ilseburg/Markt	3.30	16:37	5:02	32	5:28	242	5:28	26.20	2:32:36	5:49	30	50:16		195	50:16		