



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Quenzel, Karsten

Club: Leipzig
Number: 271

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:33:30

Speed: 10.16 km/h
Running performance: 5:52 min/km

Rank in course/Total: 212 (of 426)

Rank in course/Men: 198 (of 371)

Best time in course: 1:42:20

Rank in category: 33(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:31	5:54	34	5:55	222	7:05	3.30	19:31	5:54	10		149	7:05
Schlüsie	3.10	19:56	6:25	31	4:49	172	6:30	6.40	39:27	6:09	10		198	13:35
Hermannsklippe	2.60	17:22	6:40	30	4:24	161	5:37	9.00	56:49	6:18	10		198	19:12
Brocken	3.10	30:08	9:43	36	10:24	217	12:02	12.10	1:26:57	7:11	10		195	31:14
Eiserner Handwe	3.60	19:56	5:32	39	7:04	252	7:58	15.70	1:46:53	6:48	10		198	38:30
Schlüsie	4.10	16:51	4:06	31	4:31	162	4:55	19.80	2:03:44	6:14	10		198	42:46
Loddenke	3.10	14:11	4:34	31	3:14	182	3:58	22.90	2:17:55	6:01	10		198	46:44
Ilseburg/Markt	3.30	15:35	4:43	34	3:44	183	4:26	26.20	2:33:30	5:51	33	43:40	198	51:10