



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 338

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:33:58

Speed: 10.13 km/h
Running performance: 5:53 min/km

Rank in course/Total: 215 (of 426)

Rank in course/Women: 15 (of 55)

Best time in course: 2:09:06

Rank in category: 5(of 11)

Best time in the category: 2:10:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	18:56	5:44	4	3:14	14	3:31	3.30	18:56	5:44	5	3:14	29
Schlüsie	3.10	20:21	6:33	4	3:08	14	3:08	6.40	39:17	6:08	5	6:22	29
Hermannsklippe	2.60	18:00	6:55	3	2:23	12	2:23	9.00	57:17	6:21	5	8:45	29
Brocken	3.10	29:40	9:34	4	3:55	14	5:11	12.10	1:26:57	7:11	5	12:40	28
Eiserner Handwe	3.60	18:39	5:10	6	3:59	18	3:59	15.70	1:45:36	6:43	5	16:39	28
Schlüsie	4.10	18:23	4:29	7	3:44	24	4:01	19.80	2:03:59	6:15	5	20:23	29
Loddenke	3.10	14:36	4:42	6	2:00	19	5:16	22.90	2:18:35	6:03	5	22:23	29
Ilseburg/Markt	3.30	15:23	4:39	5	1:04	11	1:54	26.20	2:33:58	5:52	5	23:25	15 24:52