



42. Brockenlauf Ilseburg / 01.09.2012

Detailed evaluation

Müller, Christian

Club: TSV Kirchlinteln
Number: 6

Course: 26.20 km
Brockenlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:34:15

Speed: 10.11 km/h
Running performance: 5:53 min/km

Rank in course/Total: 219 (of 426)

Rank in course/Men: 204 (of 371)

Best time in course: 1:42:20

Rank in category: 10(of 26)

Best time in the category: 2:07:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:38	5:38	9	2:33	174	6:12	3.30	18:38	5:38	18		140	6:12
Schlüsse	3.10	20:52	6:43	11	3:31	234	7:26	6.40	39:30	6:10	18		204	13:38
Hermannsklippe	2.60	19:02	7:19	11	3:47	238	7:17	9.00	58:32	6:30	18	0:49	204	20:55
Brocken	3.10	31:42	10:13	16	6:52	267	13:36	12.10	1:30:14	7:27	18	1:37	204	34:31
Eiserner Handwe	3.60	17:26	4:50	9	2:29	136	5:28	15.70	1:47:40	6:51	18	0:05	204	39:17
Schlüsse	4.10	17:12	4:11	10	3:17	179	5:16	19.80	2:04:52	6:18	18		204	43:54
Loddenke	3.10	14:03	4:31	9	2:32	171	3:50	22.90	2:18:55	6:03	18		203	47:44
Ilseburg/Markt	3.30	15:20	4:38	7	2:13	162	4:11	26.20	2:34:15	5:53	10	27:06	204	51:55