



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schmidt, Lars

Club: Wiesbaden
Number: 162

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:34:34

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 223 (of 426)

Rank in course/Men: 207 (of 371)

Best time in course: 1:42:20

Rank in category: 31(of 37)

Best time in the category: 1:42:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:39	5:39	24	6:13	176	6:13	3.30	18:39	5:39	13		207	6:13
Schlüsie	3.10	19:29	6:17	26	6:03	154	6:03	6.40	38:08	5:57	7		141	12:16
Hermannsklippe	2.60	16:56	6:30	23	5:11	134	5:11	9.00	55:04	6:07	13		188	17:27
Brocken	3.10	28:45	9:16	29	10:39	171	10:39	12.10	1:23:49	6:55	13		207	28:06
Eiserner Handwe	3.60	19:39	5:27	29	6:59	243	7:41	15.70	1:43:28	6:35	13		186	35:05
Schlüsie	4.10	20:26	4:59	34	7:51	298	8:30	19.80	2:03:54	6:15	13		207	42:56
Loddenke	3.10	15:30	5:00	33	5:17	261	5:17	22.90	2:19:24	6:05	13	1:16	205	48:13
Ilseburg/Markt	3.30	15:10	4:35	24	4:01	151	4:01	26.20	2:34:34	5:53	31	52:14	207	52:14