



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schweifel, Christian

Club: Hildesheim
Number: 277

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 2:34:46

Speed: 10.08 km/h
Running performance: 5:55 min/km

Rank in course/Total: 224 (of 426)

Rank in course/Men: 208 (of 371)

Best time in course: 1:42:20

Rank in category: 32(of 37)

Best time in the category: 1:42:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	31	7:29	264	7:29	3.30	19:55	6:02	14		200	7:29
Schlüsie	3.10	20:12	6:30	28	6:46	191	6:46	6.40	40:07	6:16	14		208	14:15
Hermannsklippe	2.60	17:35	6:45	29	5:50	169	5:50	9.00	57:42	6:24	14		208	20:05
Brocken	3.10	29:30	9:30	30	11:24	198	11:24	12.10	1:27:12	7:12	14		208	31:29
Eiserner Handwe	3.60	20:29	5:41	33	7:49	269	8:31	15.70	1:47:41	6:51	14	0:32	208	39:18
Schlüsie	4.10	17:24	4:14	29	4:49	185	5:28	19.80	2:05:05	6:19	14	0:27	185	44:07
Loddenke	3.10	14:07	4:33	29	3:54	175	3:54	22.90	2:19:12	6:04	14	1:04	208	48:01
Ilseburg/Markt	3.30	15:34	4:43	28	4:25	180	4:25	26.20	2:34:46	5:54	32	52:26	208	52:26