



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Halfpap, Jörg

Club: TSV Warzen
Number: 349

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:34:50

Speed: 10.08 km/h
Running performance: 5:55 min/km

Rank in course/Total: 225 (of 426)

Rank in course/Men: 209 (of 371)

Best time in course: 1:42:20

Rank in category: 44(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:49	6:00	55	5:06	253	7:23	3.30	19:49	6:00	16	1:39	199	7:23
Schlüsie	3.10	20:48	6:42	47	4:24	229	7:22	6.40	40:37	6:20	16	0:30	209	14:45
Hermannsklippe	2.60	18:44	7:12	46	4:48	223	6:59	9.00	59:21	6:35	16		209	21:44
Brocken	3.10	30:11	9:44	42	8:16	218	12:05	12.10	1:29:32	7:23	16		205	33:49
Eiserner Handwe	3.60	18:03	5:00	35	4:03	169	6:05	15.70	1:47:35	6:51	16		209	39:12
Schlüsie	4.10	17:05	4:10	37	3:49	174	5:09	19.80	2:04:40	6:17	16		209	43:42
Loddenke	3.10	14:10	4:34	38	2:58	180	3:57	22.90	2:18:50	6:03	16		209	47:39
Ilseburg/Markt	3.30	16:00	4:50	45	3:29	203	4:51	26.20	2:34:50	5:54	44	35:49	209	52:30