



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Fürer, Michael

Club: LC Blueliner
Number: 143

Course: 26.20 km
Brockenlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:34:59

Speed: 10.07 km/h
Running performance: 5:55 min/km

Rank in course/Total: 228 (of 426)

Rank in course/Men: 212 (of 371)

Best time in course: 1:42:20

Rank in category: 35(of 58)

Best time in the category: 1:45:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:52	5:24	25	5:20	138	5:26	3.30	17:52	5:24	6		212	5:26
Schlüsie	3.10	21:14	6:50	47	7:08	254	7:48	6.40	39:06	6:06	6		212	13:14
Hermannsklippe	2.60	18:49	7:14	37	6:20	226	7:04	9.00	57:55	6:26	6		212	20:18
Brocken	3.10	29:58	9:39	37	9:59	212	11:52	12.10	1:27:53	7:15	6		212	32:10
Eiserner Handwe	3.60	18:39	5:10	34	6:41	201	6:41	15.70	1:46:32	6:47	5		210	38:09
Schlüsie	4.10	17:29	4:15	31	5:33	193	5:33	19.80	2:04:01	6:15	3		197	43:03
Loddenke	3.10	14:17	4:36	32	3:51	189	4:04	22.90	2:18:18	6:02	6		212	47:07
Ilseburg/Markt	3.30	16:41	5:03	40	4:55	247	5:32	26.20	2:34:59	5:54	35	49:42	212	52:39