



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Kajüter, Burkhard

Club: Emsbüren  
Number: 60

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:35:37

Speed: 10.02 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 230 (of 426)

Rank in course/Men: 214 (of 371)

Best time in course: 1:42:20

Rank in category: 46(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:44	5:22	27	3:01	131	5:18	3.30	17:44	5:22	14		214	5:18
Schlüsie	3.10	20:25	6:35	42	4:01	200	6:59	6.40	38:09	5:57	14		214	12:17
Hermannsklippe	2.60	19:18	7:25	50	5:22	251	7:33	9.00	57:27	6:23	14		214	19:50
Brocken	3.10	31:06	10:01	47	9:11	247	13:00	12.10	1:28:33	7:19	14		214	32:50
Eiserner Handwe	3.60	19:27	5:24	51	5:27	236	7:29	15.70	1:48:00	6:52	14		214	39:37
Schlüsie	4.10	17:26	4:15	40	4:10	187	5:30	19.80	2:05:26	6:20	14		214	44:28
Loddenke	3.10	14:10	4:34	38	2:58	180	3:57	22.90	2:19:36	6:05	14		214	48:25
Ilseburg/Markt	3.30	16:01	4:51	46	3:30	204	4:52	26.20	2:35:37	5:56	46	36:36	214	53:17