



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Kreipe-Hoffmann, Martin

Club: Lauftreff Ilseburg / Lahstedt  
Number: 368

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:36:55

Speed: 9.94 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 235 (of 426)

Rank in course/Men: 218 (of 371)

Best time in course: 1:42:20

Rank in category: 29(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:05	5:46	30	3:27	202	6:39	3.30	19:05	5:46	16		218	6:39
Schlüsie	3.10	20:13	6:31	27	2:46	193	6:47	6.40	39:18	6:08	16		172	13:26
Hermannsklippe	2.60	17:36	6:46	23	2:36	170	5:51	9.00	56:54	6:19	16		218	19:17
Brocken	3.10	30:25	9:48	32	6:25	228	12:19	12.10	1:27:19	7:12	16		218	31:36
Eiserner Handwe	3.60	19:44	5:28	36	5:16	248	7:46	15.70	1:47:03	6:49	16		218	38:40
Schlüsie	4.10	18:14	4:26	30	4:36	222	6:18	19.80	2:05:17	6:19	16		218	44:19
Loddenke	3.10	15:06	4:52	36	3:34	241	4:53	22.90	2:20:23	6:07	16		218	49:12
Ilseburg/Markt	3.30	16:32	5:00	37	3:36	235	5:23	26.20	2:36:55	5:59	29	31:36	218	54:35