



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Hennemann, Mike

Club: TUS Sumiperke
Number: 414

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:37:20

Speed: 9.92 km/h
Running performance: 6:01 min/km

Rank in course/Total: 237 (of 426)

Rank in course/Men: 220 (of 371)

Best time in course: 1:42:20

Rank in category: 30(of 57)

Best time in the category: 2:05:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:30	6:12	43	4:52	291	8:04	3.30	20:30	6:12	2		220	8:04
Schlüsie	3.10	20:15	6:31	28	2:48	194	6:49	6.40	40:45	6:22	2		220	14:53
Hermannsklippe	2.60	17:58	6:54	28	2:58	192	6:13	9.00	58:43	6:31	2		220	21:06
Brocken	3.10	31:12	10:03	40	7:12	254	13:06	12.10	1:29:55	7:25	2		220	34:12
Eiserner Handwe	3.60	20:14	5:37	41	5:46	263	8:16	15.70	1:50:09	7:00	2		220	41:46
Schlüsie	4.10	18:03	4:24	28	4:25	217	6:07	19.80	2:08:12	6:28	2		220	47:14
Loddenke	3.10	14:30	4:40	28	2:58	201	4:17	22.90	2:22:42	6:13	2		220	51:31
Ilseburg/Markt	3.30	14:38	4:26	18	1:42	120	3:29	26.20	2:37:20	6:00	30	32:01	220	55:00