



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Dittmer, Hans-Peter

Club: MTV Egestorf  
Number: 356

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:37:20

Speed: 9.92 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 238 (of 426)

Rank in course/Men: 220 (of 371)

Best time in course: 1:42:20

Rank in category: 30(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:10	6:06	38	4:32	272	7:44	3.30	20:10	6:06	3		221	7:44
Schlüsie	3.10	20:33	6:37	31	3:06	208	7:07	6.40	40:43	6:21	3		221	14:51
Hermannsklippe	2.60	19:01	7:18	34	4:01	237	7:16	9.00	59:44	6:38	3		221	22:07
Brocken	3.10	32:37	10:31	43	8:37	289	14:31	12.10	1:32:21	7:37	3		221	36:38
Eiserner Handwe	3.60	19:21	5:22	33	4:53	234	7:23	15.70	1:51:42	7:06	3		221	43:19
Schlüsie	4.10	18:00	4:23	26	4:22	213	6:04	19.80	2:09:42	6:33	3		221	48:44
Loddenke	3.10	13:14	4:16	16	1:42	120	3:01	22.90	2:22:56	6:14	3		221	51:45
Ilseburg/Markt	3.30	14:24	4:21	17	1:28	104	3:15	26.20	2:37:20	6:00	30	32:01	220	55:00