



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Schilff, Martin

Club: Langelsheim  
Number: 45

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:37:45

Speed: 9.89 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 241 (of 426)

Rank in course/Men: 223 (of 371)

Best time in course: 1:42:20

Rank in category: 32(of 57)

Best time in the category: 2:05:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:10	5:30	22	2:32	154	5:44	3.30	18:10	5:30	4		223	5:44
Schlüsie	3.10	19:54	6:25	22	2:27	170	6:28	6.40	38:04	5:56	4		223	12:12
Hermannsklippe	2.60	18:07	6:58	29	3:07	201	6:22	9.00	56:11	6:14	4		223	18:34
Brocken	3.10	29:35	9:32	25	5:35	202	11:29	12.10	1:25:46	7:05	4		223	30:03
Eiserner Handwe	3.60	20:12	5:36	40	5:44	260	8:14	15.70	1:45:58	6:44	4		223	37:35
Schlüsie	4.10	19:06	4:39	38	5:28	258	7:10	19.80	2:05:04	6:18	4		223	44:06
Loddenke	3.10	15:36	5:01	39	4:04	268	5:23	22.90	2:20:40	6:08	4		223	49:29
Ilseburg/Markt	3.30	17:05	5:10	42	4:09	276	5:56	26.20	2:37:45	6:01	32	32:26	223	55:25