



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Jäger, Uwe

Club: LG BSN  
Number: 164

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:39:11

Speed: 9.80 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 250 (of 426)

Rank in course/Men: 230 (of 371)

Best time in course: 1:42:20

Rank in category: 36(of 57)

Best time in the category: 2:05:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:25	5:16	14	1:47	124	4:59	3.30	17:25	5:16	8		95	4:59
Schlüsie	3.10	18:48	6:03	15	1:21	122	5:22	6.40	36:13	5:39	8		231	10:21
Hermannsklippe	2.60	17:20	6:39	21	2:20	160	5:35	9.00	53:33	5:56	8		231	15:56
Brocken	3.10	30:27	9:49	33	6:27	229	12:21	12.10	1:24:00	6:56	8		180	28:17
Eiserner Handwe	3.60	19:48	5:30	38	5:20	250	7:50	15.70	1:43:48	6:36	8		231	35:25
Schlüsie	4.10	22:38	5:31	51	9:00	341	10:42	19.80	2:06:26	6:23	8		231	45:28
Loddenke	3.10	16:15	5:14	45	4:43	290	6:02	22.90	2:22:41	6:13	8		231	51:30
Ilseburg/Markt	3.30	16:30	5:00	36	3:34	233	5:21	26.20	2:39:11	6:04	36	33:52	230	56:51