



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Zindler, Mark

Club: Ultra-Motten Potsdam
Number: 36

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:39:38

Speed: 9.77 km/h
Running performance: 6:05 min/km

Rank in course/Total: 255 (of 426)

Rank in course/Men: 235 (of 371)

Best time in course: 1:42:20

Rank in category: 38(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:39	5:39	28	5:03	176	6:13	3.30	18:39	5:39	15		207	6:13
Schlüsie	3.10	20:59	6:46	40	5:52	242	7:33	6.40	39:38	6:11	15		235	13:46
Hermannsklippe	2.60	17:56	6:53	32	4:58	191	6:11	9.00	57:34	6:23	15		235	19:57
Brocken	3.10	29:12	9:25	33	9:28	193	11:06	12.10	1:26:46	7:10	15		175	31:03
Eiserner Handwe	3.60	21:07	5:51	41	8:15	288	9:09	15.70	1:47:53	6:52	15		235	39:30
Schlüsie	4.10	19:35	4:46	40	7:15	271	7:39	19.80	2:07:28	6:26	15	1:19	235	46:30
Loddenke	3.10	15:43	5:04	39	4:46	274	5:30	22.90	2:23:11	6:15	15	2:13	235	52:00
Ilseburg/Markt	3.30	16:27	4:59	36	4:36	230	5:18	26.20	2:39:38	6:05	38	49:48	235	57:18