



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Teubener, Kai

Club: SV Nienstädt 09
Number: 122

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:39:54

Speed: 9.76 km/h
Running performance: 6:06 min/km

Rank in course/Total: 259 (of 426)

Rank in course/Men: 239 (of 371)

Best time in course: 1:42:20

Rank in category: 39(of 47)

Best time in the category: 1:49:50

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:44	5:58	37	6:08	243	7:18	3.30	19:44	5:58	16		239	7:18
Schlüsie	3.10	21:34	6:57	41	6:27	264	8:08	6.40	41:18	6:27	16	0:51	239	15:26
Hermannsklippe	2.60	19:02	7:19	40	6:04	238	7:17	9.00	1:00:20	6:42	16	1:14	239	22:43
Brocken	3.10	31:44	10:14	40	12:00	268	13:38	12.10	1:32:04	7:36	16	3:19	239	36:21
Eiserner Handwe	3.60	19:32	5:25	37	6:40	238	7:34	15.70	1:51:36	7:06	16	3:02	239	43:13
Schlüsie	4.10	18:15	4:27	36	5:55	223	6:19	19.80	2:09:51	6:33	16	3:42	239	48:53
Loddenke	3.10	14:17	4:36	33	3:20	189	4:04	22.90	2:24:08	6:17	16	3:10	239	52:57
Ilseburg/Markt	3.30	15:46	4:46	35	3:55	194	4:37	26.20	2:39:54	6:06	39	50:04	239	57:34