



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Barkow, Bert

Club: Potsdam
Number: 31

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:40:27

Speed: 9.72 km/h
Running performance: 6:07 min/km

Rank in course/Total: 262 (of 426)

Rank in course/Men: 241 (of 371)

Best time in course: 1:42:20

Rank in category: 49(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:10	5:30	35	3:27	154	5:44	3.30	18:10	5:30	1	-	223	5:44
Schlüsie	3.10	21:57	7:04	62	5:33	288	8:31	6.40	40:07	6:16	1	-	208	14:15
Hermannsklippe	2.60	20:07	7:44	58	6:11	287	8:22	9.00	1:00:14	6:41	1	-	241	22:37
Brocken	3.10	33:29	10:48	61	11:34	311	15:23	12.10	1:33:43	7:44	1	-	241	38:00
Eiserner Handwe	3.60	18:23	5:06	40	4:23	184	6:25	15.70	1:52:06	7:08	1	-	241	43:43
Schlüsie	4.10	17:22	4:14	39	4:06	183	5:26	19.80	2:09:28	6:32	1	-	241	48:30
Loddenke	3.10	14:24	4:38	42	3:12	196	4:11	22.90	2:23:52	6:16	1	-	241	52:41
Ilseburg/Markt	3.30	16:35	5:01	53	4:04	239	5:26	26.20	2:40:27	6:07	49	41:26	241	58:07