



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Rosenbaum, Birgit

Club: PSV Grün Weiß Kassel
Number: 82

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:40:59

Speed: 9.69 km/h
Running performance: 6:08 min/km

Rank in course/Total: 268 (of 426)

Rank in course/Women: 23 (of 55)

Best time in course: 2:09:06

Rank in category: 4(of 10)

Best time in the category: 2:16:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:44	5:40	4	2:11	12	3:19	3.30	18:44	5:40	4	2:11	50	
Schlüsie	3.10	21:45	7:00	5	3:49	26	4:32	6.40	40:29	6:19	4	6:00	50	
Hermannsklippe	2.60	20:15	7:47	6	4:09	29	4:38	9.00	1:00:44	6:44	4	10:09	50	
Brocken	3.10	32:32	10:29	5	6:22	27	8:03	12.10	1:33:16	7:42	4	16:31	49	
Eiserner Handwe	3.60	19:06	5:18	4	2:46	21	4:26	15.70	1:52:22	7:09	4	19:17	49	
Schlüsie	4.10	17:17	4:12	3	1:08	15	2:55	19.80	2:09:39	6:32	4	20:25	50	
Loddenke	3.10	14:26	4:39	3	1:16	17	5:06	22.90	2:24:05	6:17	4	21:41	50	
Ilseburg/Markt	3.30	16:54	5:07	4	2:34	27	3:25	26.20	2:40:59	6:08	4	24:15	23	31:53