



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kowalzik, Reiner

Club: Team Raidlight
Number: 297

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:41:03

Speed: 9.69 km/h
Running performance: 6:09 min/km

Rank in course/Total: 269 (of 426)

Rank in course/Men: 246 (of 371)

Best time in course: 1:42:20

Rank in category: 50(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	19:54	6:01	59	5:11	262	7:28	3.30	19:54	6:01	10	1:44	128	7:28
Schlüsie	3.10	21:15	6:51	55	4:51	255	7:49	6.40	41:09	6:25	10	1:02	245	15:17
Hermannsklippe	2.60	19:35	7:31	54	5:39	268	7:50	9.00	1:00:44	6:44	10	0:30	245	23:07
Brocken	3.10	33:52	10:55	63	11:57	318	15:46	12.10	1:34:36	7:49	10	0:53	245	38:53
Eiserner Handwe	3.60	18:06	5:01	36	4:06	170	6:08	15.70	1:52:42	7:10	10	0:36	245	44:19
Schlüsie	4.10	16:42	4:04	33	3:26	152	4:46	19.80	2:09:24	6:32	10		245	48:26
Loddenke	3.10	14:43	4:44	46	3:31	218	4:30	22.90	2:24:07	6:17	10	0:15	230	52:56
Ilseburg/Markt	3.30	16:56	5:07	62	4:25	266	5:47	26.20	2:41:03	6:08	50	42:02	246	58:43