



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Matthies, Arnold

Club: Kajüte 12
Number: 249

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:41:21

Speed: 9.67 km/h
Running performance: 6:10 min/km

Rank in course/Total: 271 (of 426)

Rank in course/Men: 248 (of 371)

Best time in course: 1:42:20

Rank in category: 38(of 57)

Best time in the category: 2:05:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:59	5:45	28	3:21	196	6:33	3.30	18:59	5:45	10		247	6:33
Schlüsie	3.10	21:37	6:58	38	4:10	266	8:11	6.40	40:36	6:20	10		200	14:44
Hermannsklippe	2.60	19:07	7:21	35	4:07	243	7:22	9.00	59:43	6:38	10		247	22:06
Brocken	3.10	29:21	9:28	24	5:21	195	11:15	12.10	1:29:04	7:21	10		247	33:21
Eiserner Handwe	3.60	19:37	5:26	34	5:09	241	7:39	15.70	1:48:41	6:55	10		247	40:18
Schlüsie	4.10	19:40	4:47	42	6:02	273	7:44	19.80	2:08:21	6:28	10		247	47:23
Loddenke	3.10	15:14	4:54	38	3:42	246	5:01	22.90	2:23:35	6:16	10		247	52:24
Ilseburg/Markt	3.30	17:46	5:23	47	4:50	297	6:37	26.20	2:41:21	6:09	38	36:02	248	59:01