



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Alberti, Nicole

Club: Brockenlaufverein
Number: 66

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:40:31

Speed: 9.72 km/h
Running performance: 6:08 min/km

Rank in course/Total: 263 (of 426)

Rank in course/Women: 22 (of 55)

Best time in course: 2:09:06

Rank in category: 4(of 7)

Best time in the category: 2:25:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:38	5:56	3	1:23	22	4:13	3.30	19:38	5:56	4	0:43	51	
Schlüsie	3.10	19:56	6:25	3	0:48	11	2:43	6.40	39:34	6:10	4	0:59	51	
Hermannsklippe	2.60	18:12	6:59	3	1:23	13	2:35	9.00	57:46	6:25	4	2:22	51	
Brocken	3.10	31:09	10:02	3	4:41	21	6:40	12.10	1:28:55	7:20	4	7:03	50	
Eiserner Handwe	3.60	19:37	5:26	5	1:30	24	4:57	15.70	1:48:32	6:54	4	8:33	50	
Schlüsie	4.10	18:26	4:29	5	1:57	25	4:04	19.80	2:06:58	6:24	4	9:54	51	
Loddenke	3.10	15:26	4:58	7	6:06	29	6:06	22.90	2:22:24	6:13	4	11:29	51	
Ilseburg/Markt	3.30	18:07	5:29	6	3:11	37	4:38	26.20	2:40:31	6:07	4	14:40	22	31:25