



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Sachse, Evelyn

Club: Holle
Number: 322

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:43:04

Speed: 9.57 km/h
Running performance: 6:13 min/km

Rank in course/Total: 278 (of 426)

Rank in course/Women: 24 (of 55)

Best time in course: 2:09:06

Rank in category: 8(of 11)

Best time in the category: 2:10:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:53	6:01	8	4:11	27	4:28	3.30	19:53	6:01	8	4:11	52	
Schlüsie	3.10	21:06	6:48	8	3:53	25	3:53	6.40	40:59	6:24	8	8:04	52	
Hermannsklippe	2.60	18:40	7:10	5	3:03	16	3:03	9.00	59:39	6:37	8	11:07	52	
Brocken	3.10	31:04	10:01	6	5:19	20	6:35	12.10	1:30:43	7:29	8	16:26	51	
Eiserner Handwe	3.60	20:07	5:35	9	5:27	28	5:27	15.70	1:50:50	7:03	8	21:53	51	
Schlüsie	4.10	19:59	4:52	9	5:20	35	5:37	19.80	2:10:49	6:36	8	27:13	52	
Loddenke	3.10	15:42	5:03	8	3:06	34	6:22	22.90	2:26:31	6:23	8	30:19	52	
Ilseburg/Markt	3.30	16:33	5:00	7	2:14	22	3:04	26.20	2:43:04	6:13	8	32:31	24	33:58