



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Kroll, Ralf

Number: 403

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:43:32

Speed: 9.54 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 280 (of 426)

Rank in course/Men: 256 (of 371)

Best time in course: 1:42:20

Rank in category: 40(of 57)

Best time in the category: 2:05:19

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 18:45      | 5:40         | 25          | 3:07        | 184     | 6:19       | 3.30          | 18:45      | 5:40         | 12       |             | 233     | 6:19       |
| Schlüsie           | 3.10     | 21:40      | 6:59         | 40          | 4:13        | 274     | 8:14       | 6.40          | 40:25      | 6:18         | 12       |             | 179     | 14:33      |
| Hermannsklippe     | 2.60     | 19:42      | 7:34         | 41          | 4:42        | 273     | 7:57       | 9.00          | 1:00:07    | 6:40         | 12       |             | 255     | 22:30      |
| Brocken            | 3.10     | 30:39      | 9:53         | 35          | 6:39        | 234     | 12:33      | 12.10         | 1:30:46    | 7:30         | 12       |             | 255     | 35:03      |
| Eiserner Handwe    | 3.60     | 20:05      | 5:34         | 39          | 5:37        | 257     | 8:07       | 15.70         | 1:50:51    | 7:03         | 12       |             | 255     | 42:28      |
| Schlüsie           | 4.10     | 19:27      | 4:44         | 40          | 5:49        | 266     | 7:31       | 19.80         | 2:10:18    | 6:34         | 12       |             | 255     | 49:20      |
| Loddenke           | 3.10     | 15:48      | 5:05         | 41          | 4:16        | 277     | 5:35       | 22.90         | 2:26:06    | 6:22         | 12       |             | 255     | 54:55      |
| Ilseburg/Markt     | 3.30     | 17:26      | 5:16         | 44          | 4:30        | 286     | 6:17       | 26.20         | 2:43:32    | 6:14         | 40       | 38:13       | 256     | 1:01:12    |