



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Krabiell, Uwe

Club: Tough Guy
Number: 432

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:45:15

Speed: 9.44 km/h
Running performance: 6:19 min/km

Rank in course/Total: 290 (of 426)

Rank in course/Men: 265 (of 371)

Best time in course: 1:42:20

Rank in category: 55(of 77)

Best time in the category: 1:59:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	48	4:51	226	7:08	3.30	19:34	5:55	5	1:24	265	7:08
Schlüsie	3.10	22:05	7:07	65	5:41	295	8:39	6.40	41:39	6:30	5	1:32	265	15:47
Hermannsklippe	2.60	22:47	8:45	74	8:51	346	11:02	9.00	1:04:26	7:09	5	4:12	265	26:49
Brocken	3.10	31:08	10:02	48	9:13	252	13:02	12.10	1:35:34	7:53	5	1:51	265	39:51
Eiserner Handwe	3.60	19:59	5:33	53	5:59	253	8:01	15.70	1:55:33	7:21	5	3:27	265	47:10
Schlüsie	4.10	18:41	4:33	50	5:25	246	6:45	19.80	2:14:14	6:46	5	4:46	265	53:16
Loddenke	3.10	14:56	4:49	48	3:44	229	4:43	22.90	2:29:10	6:30	5	5:18	265	57:59
Ilseburg/Markt	3.30	16:05	4:52	49	3:34	212	4:56	26.20	2:45:15	6:18	55	46:14	265	1:02:55