



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Rohr, Michael

Club: Wernigerode
Number: 371

Course: 26.20 km
Brockenlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:45:22

Speed: 9.43 km/h
Running performance: 6:19 min/km

Rank in course/Total: 293 (of 426)

Rank in course/Men: 268 (of 371)

Best time in course: 1:42:20

Rank in category: 6(of 21)

Best time in the category: 2:17:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:12	6:25	12	4:43	315	8:46	3.30	21:12	6:25	1	-	251	8:46
Schlüsie	3.10	21:38	6:58	7	3:24	268	8:12	6.40	42:50	6:41	17		251	16:58
Hermannsklippe	2.60	19:37	7:32	8	3:25	269	7:52	9.00	1:02:27	6:56	17		267	24:50
Brocken	3.10	31:07	10:02	8	4:58	249	13:01	12.10	1:33:34	7:43	17		267	37:51
Eiserner Handwe	3.60	20:13	5:36	8	3:39	261	8:15	15.70	1:53:47	7:14	17		267	45:24
Schlüsie	4.10	19:41	4:48	10	4:03	274	7:45	19.80	2:13:28	6:44	17		267	52:30
Loddenke	3.10	15:17	4:55	7	2:18	249	5:04	22.90	2:28:45	6:29	17		267	57:34
Ilseburg/Markt	3.30	16:37	5:02	7	1:51	242	5:28	26.20	2:45:22	6:18	6	28:03	268	1:03:02