



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Von Bronk, Claudia

Club: Langenhagen
Number: 446

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:46:31

Speed: 9.37 km/h
Running performance: 6:22 min/km

Rank in course/Total: 301 (of 426)

Rank in course/Women: 29 (of 55)

Best time in course: 2:09:06

Rank in category: 6(of 7)

Best time in the category: 2:25:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	19:52	6:01	4	1:37	25	4:27	3.30	19:52	6:01	3	0:57	2
Schlüsie	3.10	23:25	7:33	7	4:17	38	6:12	6.40	43:17	6:45	6	4:42	2
Hermannsklippe	2.60	21:08	8:07	7	4:19	36	5:31	9.00	1:04:25	7:09	6	9:01	2
Brocken	3.10	34:30	11:07	6	8:02	38	10:01	12.10	1:38:55	8:10	6	17:03	2
Eiserner Handwe	3.60	18:09	5:02	2	0:02	12	3:29	15.70	1:57:04	7:27	6	17:05	2
Schlüsie	4.10	17:08	4:10	3	0:39	12	2:46	19.80	2:14:12	6:46	6	17:08	2
Loddenke	3.10	14:43	4:44	4	5:23	20	5:23	22.90	2:28:55	6:30	6	18:00	2
Ilseburg/Markt	3.30	17:36	5:20	5	2:40	35	4:07	26.20	2:46:31	6:21	6	20:40	29 37:25