



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Nehrkorn, Joachim

Club: Werne a.d.Lippe
Number: 178

Course: 26.20 km
Brockenlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:46:36

Speed: 9.36 km/h
Running performance: 6:22 min/km

Rank in course/Total: 302 (of 426)

Rank in course/Men: 273 (of 371)

Best time in course: 1:42:20

Rank in category: 9(of 21)

Best time in the category: 2:17:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | | | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:38 | 5:56 | 6 | 3:09 | 234 | 7:12 | 3.30 | 19:38 | 5:56 | 14 | | 253 | 7:12 |
| Schlüsie | 3.10 | 21:12 | 6:50 | 6 | 2:58 | 253 | 7:46 | 6.40 | 40:50 | 6:22 | 14 | | 273 | 14:58 |
| Hermannsklippe | 2.60 | 19:07 | 7:21 | 7 | 2:55 | 243 | 7:22 | 9.00 | 59:57 | 6:39 | 14 | | 273 | 22:20 |
| Brocken | 3.10 | 30:43 | 9:54 | 6 | 4:34 | 237 | 12:37 | 12.10 | 1:30:40 | 7:29 | 14 | | 273 | 34:57 |
| Eiserner Handwe | 3.60 | 22:04 | 6:07 | 12 | 5:30 | 313 | 10:06 | 15.70 | 1:52:44 | 7:10 | 14 | | 273 | 44:21 |
| Schlüsie | 4.10 | 20:45 | 5:03 | 13 | 5:07 | 306 | 8:49 | 19.80 | 2:13:29 | 6:44 | 14 | | 273 | 52:31 |
| Loddenke | 3.10 | 15:59 | 5:09 | 10 | 3:00 | 283 | 5:46 | 22.90 | 2:29:28 | 6:31 | 14 | | 273 | 58:17 |
| Ilseburg/Markt | 3.30 | 17:08 | 5:11 | 12 | 2:22 | 278 | 5:59 | 26.20 | 2:46:36 | 6:21 | 9 | 29:17 | 273 | 1:04:16 |