



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Jakob, Philipp

Club: Martinroda  
Number: 382

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:47:36

Speed: 9.31 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 306 (of 426)

Rank in course/Men: 276 (of 371)

Best time in course: 1:42:20

Rank in category: 46(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:37	5:56	41	7:05	231	7:11	3.30	19:37	5:56	17		165	7:11
Schlüsie	3.10	21:28	6:55	49	7:22	260	8:02	6.40	41:05	6:25	17		276	15:13
Hermannsklippe	2.60	19:19	7:25	44	6:50	256	7:34	9.00	1:00:24	6:42	17		276	22:47
Brocken	3.10	33:07	10:40	53	13:08	302	15:01	12.10	1:33:31	7:43	17	0:21	276	37:48
Eiserner Handwe	3.60	20:53	5:48	47	8:55	284	8:55	15.70	1:54:24	7:17	17	1:40	276	46:01
Schlüsie	4.10	18:24	4:29	38	6:28	231	6:28	19.80	2:12:48	6:42	17	0:18	276	51:50
Loddenke	3.10	15:49	5:06	44	5:23	278	5:36	22.90	2:28:37	6:29	17	0:09	276	57:26
Ilseburg/Markt	3.30	18:59	5:45	53	7:13	320	7:50	26.20	2:47:36	6:23	46	1:02:19	276	1:05:16